



LA JOLLA
UNITED METHODIST

**Drink Some Water.
Have a Snack.
Take a Nap.**

Sunday, July 27, 2025
Seventh Sunday after Pentecost
www.lajollaunitedmethodist.org

WE GATHER IN THE PRESENCE OF CHRIST

Gathering Music

Call to Worship

One: When we long for the special effects we think life should offer:

All: it is enough, for us, that God comes in a soft, summer shower.

One: When our hearts are cracked by the drought of doubt:

All: it is enough, for us, that God opens up the fountains of faith for us.

One: When our senses are deadened by the sales pitches of our culture:

All: it is enough, for us, that God wraps us in the silence of grace.

Congregational Introit

Surely the Presence

UMH #328

Surely the presence of the Lord is in this place;
I can feel his mighty power and his grace.
I can hear the brush of angels' wings, I see glory on each face;
surely the presence of the Lord is in this place.

Welcome

† Opening Hymn

God of Love and God of Power

UMH #578

1. God of love and God of power,
grant us in this burning hour
grace to ask these gifts of thee,
daring hearts and spirits free.
God of love and God of power,
thou hast called us for this hour.
2. We are not the first to be
banished by our fears from thee;
give us courage, let us hear
heaven's trumpets ringing clear.
God of love and God of power,
thou hast called us for this hour.
3. All our lives belong to thee,
thou our final loyalty;
slaves are we whene'er we share
that devotion anywhere.

God of love and God of power,
thou hast called us for this hour.

4. God of love and God of power,
make us worthy of this hour;
offering lives if it's thy will,
keeping free our spirits still.
God of love and God of power,
thou hast called us for this hour.

Blessing for Young Hearts

Prayers of the People

*A Pastor will begin a time of prayer and name those for whom our congregation is praying.
Online Worshipers may type prayer requests in the Live Chat, taking care for privacy.*

Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us, not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever. Amen.

Prayer Response

Spirit, Spirit of Gentleness (Refrain)

TFWS #2120

Spirit, Spirit of gentleness, blow through the wilderness calling and free;
Spirit, Spirit of restlessness, stir me from placidness, Wind, Wind on the sea.

WE HEAR OF THE LOVE OF CHRIST

Scripture

1 Kings 19:1-9 (NCV)

King Ahab told Jezebel every thing Elijah had done and how Elijah had killed all the prophets with a sword. So Jezebel sent a messenger to Elijah, saying, "May the gods punish me terribly if by this time tomorrow I don't kill you just as you killed those prophets."

When Elijah heard this, he was afraid and ran for his life, taking his servant with him. When they came to Beersheba in Judah, Elijah left his servant there. Then Elijah walked for a whole day into the desert.

He sat down under a bush and asked to die. “I have had enough, Lord,” he prayed. “Let me die. I am no better than my ancestors.” Then he lay down under the tree and slept.

Suddenly an angel came to him and touched him. “Get up and eat,” the angel said. Elijah saw near his head a loaf baked over coals and a jar of water, so he ate and drank. Then he went back to sleep.

Later the Lord’s angel came to him a second time. The angel touched him and said, “Get up and eat. If you don’t, the journey will be too hard for you.” So Elijah got up and ate and drank. The food made him strong enough to walk for forty days and nights to Mount Sinai, the mountain of God. There Elijah went into a cave and stayed all night.

Then the Lord spoke his word to him: “Elijah! Why are you here?”

Scriptural Response

One: The Word of God for the People of God.

All: Thanks be to God! Amen

Special Music

Safe Within Your Arms

Mark Hayes

Lisa Corpron, soloist

©2014 Jubilate Music

Message

Drink Some Water. Have a Snack. Take a Nap.

Rev. Michelle Andrews

WE RESPOND TO THE PRESENCE OF CHRIST

Response to the Word

Invitation to the Offering

Offertory

† Doxology

Praise God, from Whom All Blessings Flow

UMH 94

Praise God, from whom all blessings flow;
praise God, all creatures here below;
Alleluia! Alleluia!

Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

Prayer of Confession

All: O God, sometimes the journey is too much. We feel afraid, depleted, and completely alone. We complain that no one cares—not even you. Our strength is gone, and we’re ready to give up. When self-pity clouds our vision and hope feels out of reach, send your Spirit into our hearts to remind us of your sustaining grace. Strengthen us through community, connection, and the daily claiming of our baptism, that we may rise, eat, rest, and continue the journey you have set before us. Through Christ we pray. Amen.

One: Hear the good news of God’s love for us—before the earthquake, before the storms, beyond the mighty deeds, God speaks in the silence, in the gentle touch, in the quiet rain, saying again, “You are my Beloved.” In the name of Jesus Christ, we are forgiven.

All: In the name of Jesus Christ, we are forgiven. Thanks be to God! Amen.

WE FOLLOW CHRIST INTO THE WORLD

† Closing Hymn

Give to the Winds Thy Fears

UMH #129

1. Give to the winds thy fears; hope and be undismayed.
God hears thy sighs and counts thy tears, God shall lift up thy head.
2. Through waves and clouds and storms, God gently clears thy way;
wait thou God’s time; so shall this night soon end in joyous day.
3. Leave to God’s sovereign sway to choose and to command;
so shalt thou, wondering, own that way, how wise, how strong this hand.
4. Let us in life, in death, thy steadfast truth declare,
and publish with our latest breath thy love and guardian care.

† Benediction

Postlude

Liturgical elements from *Discipleship Ministries (UMC)* and *The Abingdon Worship Annual*.

Flowers: from Joyce and Michael Theilacker in celebration of their 32nd wedding anniversary
Liturgist: Don Rushing
Guest Pastor: Rev. Michelle Andrews
Pianist: Rebecca Cosford
Ushers: Rod Betts, Don Lincoln, Dan Martin, Peter McCreight, Lon Showley
Tech Team: AJ Prat, Cam Rhodes

LJUMC Ministry Team

Rev. Bob Rhodes, Lead Pastor; Bob Wuertz, Music Ministries Director;
Theresa Erb, Office Manager; Emilio Valente, Information Technology Director;
Erin Wyer, NS Executive Director